

St. Augustine's

Catholic Voluntary Academy



LET ALL THAT YOU DO BE DONE *in love*
1 CORINTHIANS 16:14



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A MESSAGE FROM MRS WITHERS

On Monday, we celebrated the Feast of Saint Michael the Archangel. In August, I had the privilege of visiting Mont St. Michel in France, where I prayed in the beautiful chapel for the communities of both St. Augustine's and St. Norbert's, asking for St. Michael's protection over us all.

On Tuesday, I had the pleasure of visiting our parish church, Saint Mary and Saint Augustine, with our chaplain, Mrs Wright, and our school Chaplaincy Team, The Future Saints. The children's behaviour was exemplary, and they impressed the parish with their thoughtful questions about the Jubilee Icon.

As we notice the signs of autumn settling in, I would like to remind you to keep an eye on next week's school newsletter, which will contain details about our Harvest Celebration and its focus.

With the change of season, shorter days, and cooler weather, it is important to take time for self-care. This is often the time of year when some people experience the effects of Seasonal Affective Disorder (SAD). Please remember that we are here to support you - many staff, including myself, are trained Youth and Adult Mental Health First Aiders, and we are always ready to listen and signpost you to further services if needed. Don't suffer in silence; we are here to help.

[Coping with seasonal affective disorder \(SAD\) | Mind](#)
[Overview - Seasonal affective disorder \(SAD\) - NHS](#)

I hope you are able to avoid stormy weather and enjoy some of the great outdoors this weekend.

Mrs Withers



Mont St Michel, France



LET US PRAY

O God, who show a father's care for all,
grant, in your mercy,
that the members of the human race,
to whom you have given a single origin,
may form in peace a single family
and always be united by a fraternal spirit.
Amen.



Roman Missal



THE FEAST OF SAINT MICHAEL THE ARCHANGEL

On Monday, we celebrated the Feast of St. Michael the Archangel, one of God's great messengers and protectors. The Feast of Saint Michael is sometimes called Michaelmas, the Old English word for "Michael's Mass" - the special Mass celebrated for Saint Michael. Long ago, Michaelmas marked the start of autumn and even the new school or work year!

Saint Michael is often shown holding a sword and shield, standing strong against evil. He reminds us that God's love is more powerful than anything that can harm us.

The Bible tells us that angels are God's messengers. They remind us of His care, guide us towards what is good, and protect us. Just as a teacher looks after us in the classroom, or parents keep us safe at home, angels are a sign that God is always close, watching over us with love.

This feast day is also a chance to think about the many people in our lives who act like 'angels' for us every day. These can be friends who comfort us, classmates who include us, or teachers who encourage us when we find things hard. When we are kind, helpful, and stand up for what is right, we can be like angels to others.

Who do you think about when you think about angels?

- Miss Griffin



HAPPY BIRTHDAY!

Many happy returns to Molly in Acacia Class who is 8 on Wednesday!



Thomas in Olive Class turns 5 on Thursday, and Peggy-Grace in Juniper Class will be 11 on Thursday!

We all wish you a super special day!

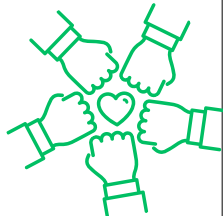
OPEN DAYS

Full details of our Open Day on Tuesday 14th October are on page 10 - please share with any friends and family who are looking for a school place for September 2026!

GREEN TEAM AND SCHOOL COUNCIL

School Council will take place after school on Tuesday 7th October and Green Team will take place after school on Tuesday 14th October.

Please collect your child promptly from the KS1 playground at 4pm.



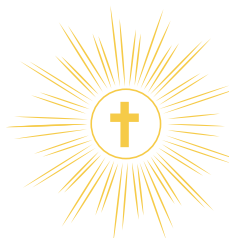
OUR PARISH CHURCH

The Children's Liturgy takes place at the 9:00am Mass. All children are welcome to share in this opportunity to participate in their own Liturgy of the Word at Mass at an appropriate level for them.

Please [click here](#) to read weekly newsletters from our Catholic Parish of Stamford, Saint Mary and Saint Augustine.

ST. AUGUSTINE'S CLASS LITURGIES

Our classes celebrate their liturgies every Wednesday afternoon from 3pm until 3.15pm. Classroom doors will be open at 3pm if you would like to join us.



BOURNE & DEEPING R.C. PARISH

Please [click here](#) to read weekly newsletters from our friends at the Bourne and Deeping Roman Catholic Parish.

SAFEGUARDING

If you have any concerns about a child, or if you need help and support, please don't hesitate to contact our Safeguarding team:

Designated Safeguarding Lead: Mrs Garland

Deputy Designated Safeguarding Lead: Mrs Withers

Deputy Designated Safeguarding Lead: Mrs Oliver

Deputy Designated Safeguarding Lead: Mrs Reeves

Deputy Designated Safeguarding Lead: Mrs Taylor

The Safeguarding team can be contacted on 01780 762094 or by email: enquiries@st-augustine.lincs.sch.uk



VIRTUES CERTIFICATES

Congratulations to all of the recipients of this week's Virtue Certificates - we are all very proud of you.

Olive Class - **Charlie** - **Love of Learning & Determination**

Sycamore Class - **Wilbur** - **Love of Learning & Determination**

Acacia Class - **Saoirse** - **Hope & Confidence**

Juniper Class Year 5 - **Emilia** - **Love of Learning & Determination**

Juniper Class Year 6 - **Romeo** - **Love of Learning & Determination**



E-SAFETY WITH ALAN MACKENZIE

For Parents - A Guide to navigating Social Media Safely

This is a fantastic guide from the Center for Countering Digital Hate (CCDH), it goes into lots of detail and I'm sure parents will find it interesting and useful. The guide goes into areas such as:

- How social media platforms and algorithms operate.
- The various types of harms that children may experience.
- Practical advice and guidance.
- Supporting resources.
-

You can download the guide [HERE](#).



THE CONVERSATION STAMFORD - CYBERWISE

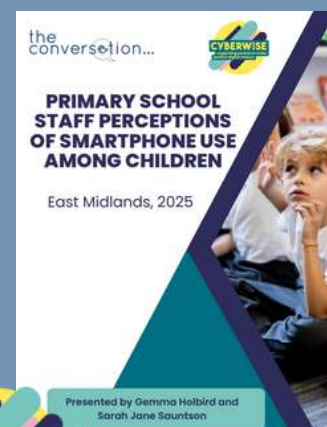
The Conversation Stamford, have published a new report, 'Primary School Staff Perceptions of Smartphone Use, East Midlands, 2025'. The report is a major new survey of over 200 primary school staff across the East Midlands and the East of England, and reveals overwhelming concern about the impact of smartphones on children's wellbeing, learning, and relationships.

The findings show that smartphones are entering children's lives at ever-younger ages, with significant consequences for attention, sleep, social development, and mental health. Teachers consistently reported rising levels of anxiety, friendship breakdowns linked to online interactions, and exposure to inappropriate content at primary level.

Another concern raised was the link between smartphone use and tiredness. 79% of teachers reported noticing children arriving at school tired, often thought to be the result of late night screen activity.

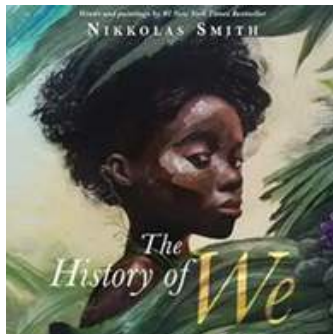
Emotional wellbeing emerged as the principal area of concern. 93% of staff agreed that more children are showing symptoms of anxiety in primary school, with many linking this to their online interactions and smartphone habits. Staff described pupils feeling pressure from group chats, social comparisons, and the constant availability of digital communication, all of which may heighten stress at a young age.

To read the report in full, please click on the image on the right.

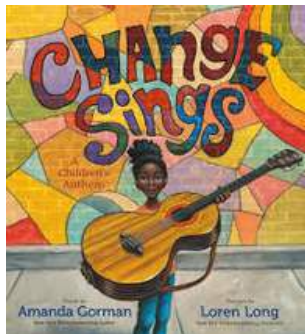


THEMED READS!

St. Augustine's and St. Norbert's have some great book recommendations for Black History Month and National Poetry Day. Have you read either of these books? If so, what did you think?! BBC Bitesize have some brilliant resources and lots of information about Black History Month [here](#). Yesterday was National Poetry Day - a day founded in 1994 by the charity Forward Arts Foundation to encourage people to make, experience and share poetry. BBC Bitesize has more information and resources [here](#).



The History of We. Click on the image above to hear more about this beautiful book and illustrations from author Nikkolas Smith.



Change Sings by Amanda Gorman, illustrations by Loren Long. Click on the image above to listen to the story!

STAMFORD YOUTH COUNCIL

On Thursday evening, some of our School Council children attended the first Youth Council meeting at Stamford Town Hall, hosted by the Mayor of Stamford.

The children got to know children from other schools and had the privilege of a guided tour of the current exhibition in the town hall, 'Novelty Unsurpassed! Posters and Playbills from the Phillips Collection'. Leo and Mia said "it was fun!".



Nevaeh and Molly making notes at the town hall exhibition.

If you would like to visit the exhibition in the town hall, [click here](#) for more details.

WHO IS YOUR GUARDIAN ANGEL? - THE MARK 10 MISSION

Did you know that you have a guardian angel? Jesus chose a guardian angel for you when you were born. Your guardian angel watches over you and guides you to God. In this celebration, we wonder about our guardian angels and learn the 'Angel of God Prayer.'

Click on the image below to learn more.



THE
MARK 10
MISSION

ATTENDANCE

Our whole school attendance this week was 91.78%

Our attendance by class is as follows:

Olive - 94.15%

Sycamore - 96.44%

Acacia - 94.71%

Juniper - 85.88%

Being around teachers and friends in a school environment is the best way for pupils to learn and reach their potential. Time in school also keeps children safe and provides access to extra-curricular opportunities and pastoral care.

For more information, please visit the gov.uk website [here](#).

MOMENTS
MATTER,
ATTENDANCE
COUNTS.

"From the first day of term to the last, the small moments in a school day make a real difference to your child."
#AttendanceCounts"



SUMMER READING CHALLENGE

Congratulations to Phoebe in Olive Class, who successfully completed the library's Summer Reading Challenge during the summer. This wonderful achievement shows her love of books and stories.

Reading regularly helps to spark imagination, build confidence, and develop a lifelong love of learning. We hope Phoebe's success inspires other children to get involved in future challenges and discover the joy of reading too - well done, Phoebe!



EXTRA-ORDO-NARY 'WORD OF THE WEEK'

Next week's word is 'Rosary'.

The Rosary is a prayer that we can all use to meditate on the life of Jesus Christ. It is a powerful tool for prayer and spiritual growth through the intercession of Mary our mother. The Rosary can help us to grow in our faith, to deepen our relationship with God, and to find peace and comfort in difficult times.

Find time to pray the Hail Mary or the Rosary this week.



WORLD TEACHERS' DAY!

Sunday is World Teachers' Day 2025, and we would like to say a huge thank you to all of the teachers at St. Augustine's for the difference that they make in little lives. World Teachers' Day, also known as International Teachers' Day, is a day dedicated to honouring and appreciating the contributions of educators worldwide.

Thank you to our chaplain, Mrs Wright, for creating this lovely poster as a token of appreciation.



NSPCC - ANGER MANAGEMENT IN CHILDREN

Every year many thousands of children are referred to Childline for anger issues. Anger management in children is one of the top mental health concerns in childcare. Anger and the ability to control it are key skills of adulthood. Violent thoughts frequently bubble underneath human interactions. Anger is the quickest way for those thoughts to become reality. For this reason it is tightly regulated in our society.

Children must learn to overcome anger so that they do not fall foul of strict controls on violent conduct. However, this is difficult for children to learn to manage since anger is remarkably powerful. Yet as parents and teachers there is no choice but to teach them to reign these emotions in. This can be hard knowledge to impart, but the NSPCC has produced helpful resources to aid you in that vital mission.

If interested, click [here](#) for more information.

NSPCC

Recycling Appeal in aid of

CAF+D

18th -26th October 2025

We are collecting

Jewellery	gold silver fashion cufflinks costume broken
Watches	any condition
Old currency	banknotes coins Foreign British
Stamps	British Foreign albums first day covers
Electronics	mobile phones cameras satnavs ipods MP3 players

Collection points during above dates

Sacred Heart and St Gilbert Church Bourne - after Mass
Our Lady of Lincoln and St Guthlac Deeping St James - after Mass
St Augustine's School Stamford.

please note we can only accept items listed

NETBALL MATCH

Well done to our amazing netball team, who played against St. Gilbert's yesterday afternoon. The team came away defeated this time, but Mrs Oliver and Mrs Sinclair are so proud of how well they all played, and their brilliant team spirit and resilience.



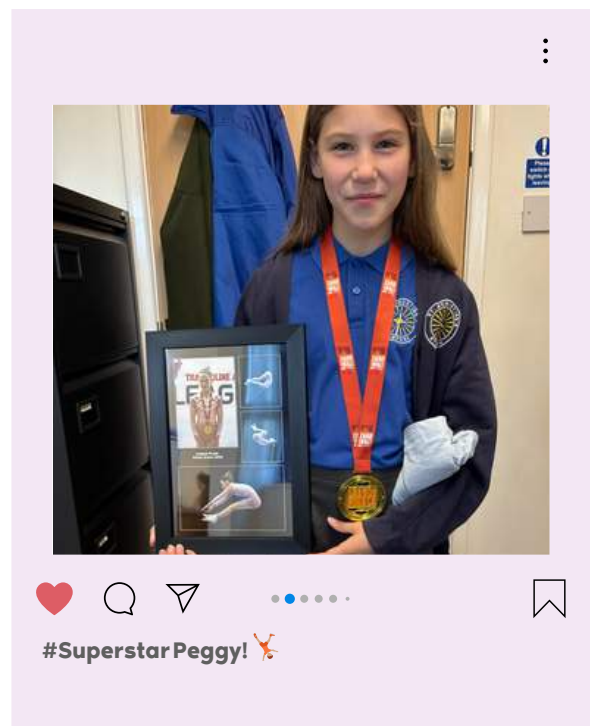
L-R: Molly, Saoirse, Nolan, Talitha, Jacob, Holly and Ella

PEGGY - LEAGUE FINALS WINNER!

Peggy in Year 6 was crowned League Finals 2025 winner at the weekend for trampolining, which means that Peggy is now 1st in the whole country for trampolining!

We are so proud of Peggy's skill and brilliance in her sport, and for being so down to earth about her huge win.

Well done, Peggy - we are all delighted for you!



THE FUTURE SAINTS CHAPLAINCY TEAM

On Tuesday, Mrs Withers and I took some members of our Future Saints Chaplaincy Team to our parish church, Saint Mary & Saint Augustine, for a service of word and communion. During this service, Mr Gallagher - one of our school governors and the Community Participation Coordinator for CAFOD in the Diocese of Nottingham - spoke about the CAFOD Jubilee Icon, some of the symbols within it and how we can all try to be Pilgrims of Hope during this important Jubilee Year.

Our pupils asked some interesting questions and listened carefully to Mr Gallagher's answers. We were reminded that we can all be symbols of hope to one another and that hope can always be found in Jesus.

- Mrs Lucy Wright, Chaplain



L-R:Ada, Renzo, Adam and Emma with the Jubilee Icon



L-R: Mrs Withers, Ada, Renzo, Adam, Emma and Mr Gallagher with the Jubilee Icon.

ST. THÉRÈSE OF LISIEUX

Yesterday we celebrated the feast of St. Thérèse of Lisieux. This feast day is particularly special for us at St. Augustine's and our friends at St. Norbert's, as she continues to be a patron of the Our Lady of Lourdes CMAT.

Born in 1873, Marie-Francoise- Thérèse Martin entered the Carmelite convent at the age of 15, and died at the young age of 24 of tuberculosis. Although her life was very short, she was devoted to her faith and had a reputation for holiness. This, along with her huge popularity, led to her being beatified and canonised as a saint by Pope Pius XI, who completed the process just 28 years after her death.

St. Thérèse was known for her 'Little Way'. The Little Way is about being both small and doing the smallest actions with great love. Our St. Augustine's school motto is based on doing small things with love, by letting all that we do be done in love.

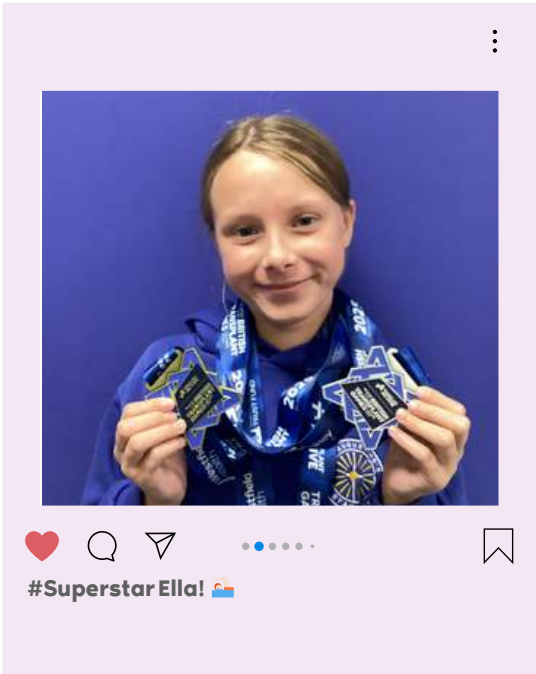
St Thérèse of Lisieux, pray for us.



ELLA - UK TRANSPLANT GAMES SUCCESS!

During the summer holidays, Ella in Year 6 competed in the British Transplant Games in Oxford. Not only did Ella win a gold medal for 25m swimming, but she also won a gold medal for running 25m...and a silver medal for a 2.99m long jump!

Huge congratulations on your great success, Ella - we are all so proud and delighted for you!



Writer of THE WEEK

Our Writer of the Week is Stanley from Olive Class! Stanley wrote a brilliant story about a crocodile.

Miss Darby is so proud of you, Stanley - well done!

10.25
e crocodile baz
sawtooth and a
tail baz a long
tail

s has



STANLEY SIMMONS

Little Stars Wraparound Care

We had so much fun last week in Little Stars!





Lincolnshire Parent Carer Forum: What's Coming Up?

October

Icons Key: 🧑 = Parents/Carers | 🌐 =

Online/Open to All

🧑 Thu 9 Oct | "Why Me?" — Juggling the Joys of Parenting Workshop (11:00–12:30, Online)

🌐 Thu 16 Oct | Promoting Positive Behaviour Workshop (19:00–21:00, Online)

🧑 Mon 20 Oct | Zoom Social for Parents (19:00–20:00, Online) Parents only

🌐 Thu 30 Oct | Discover LPCF (13:00–14:00, Online) – For professionals and parents.

🧑 Thu 30 Oct | Wellbeing: Hypnotherapy – Navigating Change (19:30–21:00, Online) Parents only

November

🧑 Thu 6 Nov | "Space for Self?" — Juggling the Joys of parenting Workshop (11:00–12:30, Online)

🧑 Mon 17 Nov | Zoom Social for Parents (19:00–20:00, Online)

🧑 Thu 27 Nov | Wellbeing: Hypnotherapy – Self-Compassion (19:30–21:00, Online)

🔗 Book Events Here

Parent/Carer Workshop: Supporting Your Child At Home

A free, online workshop, sharing strategies to support learning



Aimed primarily at parent/carers of children in KS1-3, but open to all who would like ideas on supporting their child(ren) with reading, spelling, maths, memory and organisation.

Monday 10th November 2025 at 7:00 – 8:00pm

If you would like to attend, please email Odette Read, stating your child's school and year group:
odette.read@lincolnshire.gov.uk

Dyslexia Outreach

Dates for diaries 2025-26

Full details will be sent out, via your child's school, prior to each event.

Free, online evening workshops for parents/carers and pupils, over the next academic year.

Supporting Your Child At Home

Monday 10th November 2025

***Monday 2nd March 2026**

Ideas and strategies to support your child at home with language, reading, spelling, maths, memory and personal organisation.

Aimed primarily at parents/carers of children in KS2-3 but open to all interested parents and carers.

Study Skills And Revision Strategies

Tuesday 18th November 2025

***Monday 12th January 2026**

Ideas for supporting memory and learning in the classroom.
Aimed at all secondary aged pupils and especially relevant for those preparing for national exams:
GCSEs, vocational qualifications and A-Levels.

Primary To Secondary Transition

***Monday 11th May 2026**

Tuesday 9th June 2026

Information and advice to ensure that your children are well set up and organised to make their transition go as smoothly as possible.



Part of
**OUR LADY
OF LOURDES**
CATHOLIC MULTI-ACADEMY TRUST



St. Augustine's
Catholic Voluntary Academy

OPEN EVENTS



Tuesday 14th October 2025

9:15am - 10:15am

3:15pm - 4:15pm

5:15pm - 6:15pm

at St. Augustine's Catholic Academy
Kesteven Road, Stamford, PE9 1SR

Come and see why our school is a
fantastic choice for your family

Find out more: tinyurl.com/staugstamford

Why visit St. Augustine's?

During our open day tour with the headteacher, you will get an insight into the high standards our children achieve through our inspiring and creative learning environments.

You can talk with our teachers about our high-quality teaching and find out why our school is a fantastic choice for your family.

We welcome children from all cultural, religious and non-religious backgrounds whose families support our Catholic ethos and want their children to experience the caring environment of the school.

You'll also find out about:

- our child-centered early years provision
- our wraparound care
- our indoor/outdoor learning environments.
- our Forest School area

If you're unable to attend one of our scheduled open events, we'd be delighted to welcome you for a personal visit to see the school in action. To arrange an appointment, please contact the school office on **01780 762094** or email enquiries@st-augustine.lincs.sch.uk.



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Catholic Voluntary Academy

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To find out more, scan the QR code
or visit tinyurl.com/staugstamford

