

# St. Augustine's

## Catholic Voluntary Academy



LET ALL THAT YOU DO BE DONE *in love*  
1 CORINTHIANS 16:14



Phone: 01780 762094

Website: [www.st-augustine.lincs.sch.uk](http://www.st-augustine.lincs.sch.uk)

Address: Kesteven Road, Stamford, Lincs PE9 1SR

## A MESSAGE FROM MRS WITHERS

I have had the pleasure of meeting many of you already on a rather wet gate duty yesterday morning. I feel extremely honoured and privileged to have been asked to continue to develop this fantastic school into the next stage of its journey following Mrs Cox's departure. I have very much enjoyed working closely alongside Mrs Cox over the years and am delighted to share in the journey she has started with you. I will be sharing my time between both St. Augustine's C.V.A and St. Norbert's C.V.A in Spalding, and I will be based onsite at St. Augustine's on Tuesdays, Wednesdays and Thursdays.

I have been a senior leader for 19 years and a Headteacher for nearly 9 years. I have taught all year groups during my career but mostly Year 6. I am a SENCO and my passion is promoting inclusion. As a parent, my goal has always been to ensure that my own children are happy in life and achieve their potential. This is the philosophy I bring to my role as Headteacher. My goal is to ensure all children who attend St. Augustine's are happy and provided with all the necessary opportunities to be the best they can be.

The needs of our children are always paramount in the decision making and life of a school. I strongly believe in providing our children with exciting, creative and meaningful learning experiences, which build their enthusiasm for learning and help them to grow and develop positively in a variety of ways. I think it is crucial to involve our children and their families as partners in their education. I am also keen on building a whole school community which thrives on mutual respect and values positive relationships. I firmly believe that working with parents and carers is vital in order for children to find school a positive and rewarding experience. **You** are the key educator in your children's lives, and as such, I feel that it is important that you have a voice - and that as a school, we are approachable and make time to listen to your concerns, worries or thoughts.

Please do come and introduce yourselves outside school - I will be at the back gate on Tuesdays to Thursdays and I look forward to meeting more of you in the coming weeks.

Have a wonderful weekend,

Mrs Withers



## LET US PRAY

Loving God,

Thank you for the gift of a new school year.

Thank you for our friends, our teachers, and all the people who help us.

Help us to listen, to learn, and to be kind to one another.

Be with us in our work and in our play.

Bless our school family and keep us safe in your love.

Amen.

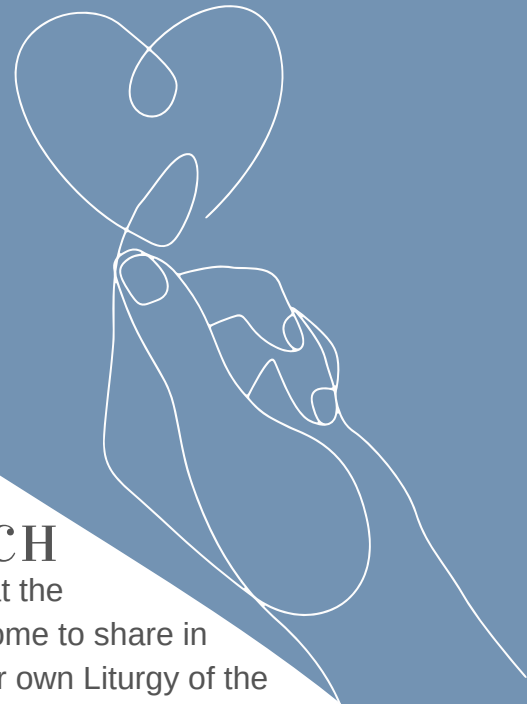


## A NEW BEGINNING

As we step into a brand-new school term, we are reminded that each new season brings with it fresh opportunities. The days are already beginning to change as summer slowly turns to autumn, and just as the leaves will soon begin to show their colours, we too have a chance to grow, learn, and shine in new ways.

A new term is a gift - a chance to make new friends, to discover new skills, and to share kindness with one another. In our school community, we walk this journey together, with God's love guiding us each step of the way.

Let us look ahead with open hearts, ready to embrace the challenges and joys that this term will bring. May we encourage one another, celebrate each achievement - big and small - and remember that each day is a fresh start, filled with hope and promise.



## HAPPY BIRTHDAY!

We have lots of birthdays to celebrate this week! Many happy returns to:

Ivy in Sycamore Class is 7 tomorrow, and Adam in Sycamore Class is 7 on Monday!

Mia in Juniper Class is 11 on Tuesday!

Ivy in Sycamore Class turns 7 on Wednesday, and Dominic in Sycamore Class celebrates his 6<sup>th</sup> birthday on Thursday!



We wish you all a super special day!



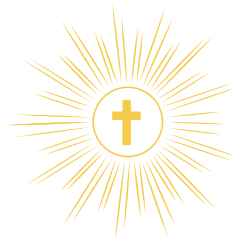
## OUR PARISH CHURCH

The Children's Liturgy takes place at the 9:00am Mass. All children are welcome to share in this opportunity to participate in their own Liturgy of the Word at Mass at an appropriate level for them.

Please [click here](#) to read weekly newsletters from our Catholic Parish of Stamford, Saint Mary and Saint Augustine.

### ST. AUGUSTINE'S CLASS LITURGIES

Our classes celebrate their liturgies every Wednesday afternoon from 3pm until 3.15pm. Classroom doors will be open at 3pm if you would like to join us.



### BOURNE & DEEPING R.C. PARISH

Please [click here](#) to read weekly newsletters from our friends at the Bourne and Deeping Roman Catholic Parish.

# SAFEGUARDING

If you have any concerns about a child, or if you need help and support, please don't hesitate to contact our Safeguarding team:

Designated Safeguarding Lead: Mrs Garland

Deputy Designated Safeguarding Lead: Mrs Withers

Deputy Designated Safeguarding Lead: Mrs Oliver

Deputy Designated Safeguarding Lead: Mrs Reeves

Deputy Designated Safeguarding Lead: Mrs Taylor

The Safeguarding team can be contacted on 01780 762094 or by email: [enquiries@st-augustine.lincs.sch.uk](mailto:enquiries@st-augustine.lincs.sch.uk)



# MINDSPACE STAMFORD: PARENT & CARER AUTISM SUPPORT GROUP

If you have children or young people in your care who have autism - or suspected autism, then MindSpace would like to welcome you to this support group.

This session is for parents and carers wanting to support their children, gain insights and guidance to advocate for them with a group of people experiencing similar challenges.

You will be welcomed to the group by Carys, who has lived experience of navigating the ups and downs of parenting an autistic child.

Click on the image below to book your place.



## A MESSAGE FROM OUR CHAPLAIN, MRS LUCY WRIGHT

As the Advent term begins, we look forward to lots of exciting things both within our school and in the wider life of our global Catholic community. September is going to be a busy month!

On Sunday 7th September in Rome, Carlo Acutis, will be made the first millennial saint during Mass in Saint Peter's Square. Carlo was very good with computers and used his skills to share his faith, but he sadly died at the very young age of 15. Lots of people refer to Carlo as the 'patron saint of the internet'.

The following weekend, on Sunday 14th September, we will celebrate Education Sunday; a day to give thanks for Catholic Education and to ask God to bless this new school year.

Throughout the month of September, we celebrate the Season of Creation and give thanks to God for his wonderful world. Through prayer and action, we can each play our part as stewards of creation.

Looking ahead to October, the month of the Holy Rosary, we will be praying this special prayer even more often in school and prayer and activity groups linked to the Rosary and to Mary our mother will be on offer.

Last but not least, both National Teaching Assistants' Day (26th September) and World Teacher Day (5th October) occur during this term. Appropriately then, ahead of Education Sunday, thank you to our wonderful teaching staff and teaching assistants who do so much for the good of our pupils and for the common good of our school and community.

Mrs Wright





# INTERNET MATTERS - SHARING YOUR CHILD'S MILESTONES

With children now being one of the first generations to grow up in the social media age, there is a lot of content and information being posted of them online. A report from the Children's Commissioner found that by the age of 13 child's parents will have posted on average 1,300 photos and videos of them to social media. This can mean the child will have an online reputation before they have even created any social media profiles themselves.

Parents usually sharent with good intentions, as they want to celebrate their child's milestones and share them with friends and family. However, oversharing can bring a variety of risks. Following these sharenting tips for parents can reduce this risk:



# ATTENDANCE

Our whole school attendance this week was 95.29%\*

Our attendance by class is as follows:

**Olive**- 91.67%

**Sycamore** - 96%

**Acacia** - 95.24%

**Juniper** - 95.61%

*\*Based on a two-day school week due to term dates and our EYFS class starting full school days next week.*

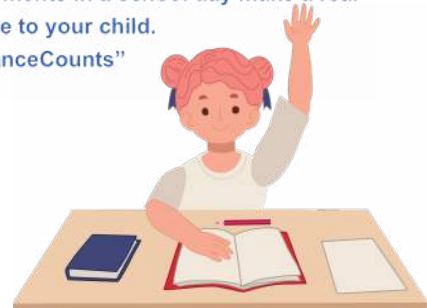
Being around teachers and friends in a school environment is the best way for pupils to learn and reach their potential. Time in school also keeps children safe and provides access to extra-curricular opportunities and pastoral care.

For more information, please visit the gov.uk website [here](#),



"From the first day of term to the last, the small moments in a school day make a real difference to your child."

**#AttendanceCounts"**



# LUMI NOVA - FREE APP FOR FAMILIES

Lincolnshire County Council and Lincolnshire Partnership NHS Foundation Trust have teamed up with BFB Labs to offer free access to Lumi Nova. This brilliant app is for children aged 7-12 who may be facing mild to moderate difficulties with fears, worries or anxiety. Get instant access to a fun digital therapy app to help your child self manage their worries by clicking [here](#).

Click on the image below to watch an introduction to Lumi Nova on YouTube.



# OUR NEW TERM!

As we begin this new Advent term, one of our key priorities is ensuring that every child feels ready to learn each day. Establishing healthy routines makes such a difference to wellbeing, focus and progress. Thank you for supporting us with the following:

- **Punctuality** - Please ensure your child arrives in good time each morning. Gates and classroom doors open at 8.40am and close promptly at 8.50am.
- **Breakfast** - As school no longer provides breakfast, please ensure your child has a nutritious start to the day at home.
- **Healthy snacks** - Fruit, vegetables, or other healthy options make the best choice for break times. Please remember that sweets are not suitable, and in line with new guidance, birthday sweets can no longer be handed out. If you would like to mark your child's birthday, a new book could be sent in to read at the end of the day.





# September 2025 at MindSpace



## ACTIVITY

## TIME

## LOCATION

### Mondays

<b>Grief Kind</b> (weekly)	10 - 11am	The Wellbeing Hub
<b>Wellbeing Chat</b> (1 September)	10.30 - 11.30am	The Wellbeing Hub
<b>Bourne Autistic Support Group</b> (8, 22 September)	11am - 1pm	Wake House, 41 North St, Bourne PE10 9AE
<b>Garden Help Out</b> (weekly)	1 - 4pm	The Wellbeing Garden
<b>Parent &amp; Carer Autism Support Group</b> (22 Sept)	1.15 - 2.45pm	The Wellbeing Hub
<b>Pilates</b> (weekly)	4.15 - 5.15 pm	The Unity Centre, Stamford
<b>1 to 1 Listening</b> (weekly - booking essential)	5.30 - 6.15pm & 8.45 - 9.30pm	The Wellbeing Hub
<b>Night Light Café</b> (weekly)	6.15 - 8.45pm	The Wellbeing Hub

### Tuesdays

<b>Boxing (non-contact)</b> (2, 9, 16 September)	10.15 - 10.55am	Impact Boxing Fitness, Unit 6, West St Business Park, Stamford PE9 2PL
<b>Informal Mindfulness</b> (weekly, starting 16 Sept)	11am - 12pm	The Wellbeing Hub
<b>Expressive Art Journaling</b> (weekly, starting 9 Sept)	12.30 - 2pm	The Wellbeing Hub
<b>Stamford Bumps</b> (9, 23 September)	6.30 - 8pm	The Wellbeing Hub
<b>Ladies' Basketball</b> (weekly)	7.40 - 8.40pm	Stamford Junior Knights, Unit 1, Casterton Rd Business Park, Stamford PE9 4EJ
<b>Sound Bath in the garden</b> (23 September)	6 - 7pm	The Wellbeing Garden

### Wednesdays

<b>Sketching with Karen Neale (hub)</b> (3, 17 Sept)	10 - 11.30am	The Wellbeing Hub
<b>Sketching with Karen Neale (garden)</b> (10, 24 Sept)	10 - 11.30am	The Wellbeing Garden
<b>Garden Help Out</b> (10, 24 September)	10 - 11.30 am	The Wellbeing Garden
<b>Tea &amp; Chat</b> (weekly)	12.30 - 2pm	The Wellbeing Hub
<b>Evening Walk</b> (weekly)	6.30 - 7.30pm	Meet at The Wellbeing Hub

### Thursdays

<b>Stamford Autistic Support Group</b> (11, 25 September)	10am - 12pm	The Activity Room, Stamford Day Centre, 33 Ryhall Rd, Stamford PE9 1UF
<b>Hoarding Support Group</b> (monthly - 11 September)	10.15 - 11.45am	The Wellbeing Hub
<b>Tea &amp; Chat</b> (weekly)	12.30 - 2pm	The Wellbeing Hub
<b>Afternoon Yoga</b> (weekly)	12.45 - 1.45pm	The Unity Centre, West Street, Stamford PE9 2PR
<b>Afternoon Walk</b> (weekly)	1.30 - 2.30pm	Meeting at The Wellbeing Hub
<b>Makers Crafting</b> (4, 11, 18 September)	2.45 - 4.30pm	The Wellbeing Hub
<b>Art Pop Up's Community Crafternoon</b> (25 Sept)	2.30 - 4.30pm	St Augustine's Church Hall, Broad St, Stamford, PE9 1PG
<b>Boxing</b> (4, 11, 18 September - booking essential)	6.00 - 6.50pm	Impact Boxing, Unit 6 West St Bs. Park, PE9 2PL
<b>Men's Shed Meeting</b> (4, 18 September)	6.30 - 7.30pm	The Shack, Recreation Ground Rd, PE9 1EN
<b>After Work Connect</b> (weekly)	5.30 - 7pm	Cornish Bakery, 56 High Street, PE9 2AW
<b>Night Light Café: Games Night</b> (weekly)	7.30 - 9.30pm	The Wellbeing Hub

### Fridays

<b>MindSpace 5K Running Group</b> (weekly)	9.30 - 10.15am	Stamford Rugby Club, Hambleton Rd, PE9 2RZ (meet on playing fields to rear of club)
<b>Couch to 5k Running Group</b> (weekly, starting 12 Sept)		
<b>Family Hour at the garden</b> (weekly)	11am - 12pm	The Wellbeing Garden
<b>Tea &amp; Chat at the garden</b> (weekly)	1 - 2.30pm	The Wellbeing Garden
<b>Sober Curious</b> (weekly)	6 - 7pm	The Wellbeing Hub

### Saturdays

<b>Herb Talk</b> (20 September)	10am - 12pm	The Wellbeing Garden
---------------------------------	-------------	----------------------

### Sundays

<b>Sound Bath</b> (7 September)	6.30 - 7.30pm	Ryhall Village Hall
---------------------------------	---------------	---------------------

Book at [mindspacestamford.com](https://mindspacestamford.com) or call us on 07563 385273