

## PSHE Curriculum

### Intent, Implementation, Impact Statement

Intent	Implementation	Impact
<p>Our PSHE curriculum at Saint Augustine's will equip pupils with essential skills for life. It aims to develop the whole child through carefully planned and resourced sessions that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. During PSHE lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them.</p> <p>Through the teaching of PSHE St Norbert's aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident citizens.</p>	<p>The school uses a combination of the Catholic PSHE and RSE scheme 'Ten Ten Life to the Full-plus' and Kapow scheme of learning to support social, moral, spiritual and cultural development. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Sessions signpost key words, building a rich vocabulary to develop understanding.</p> <p>Our progression document for PSHE shows teachers what key knowledge to teach pupils in each lesson and allows them to see the knowledge that has previously been taught.</p> <p>At Saint Augustine's we strive for sessions to be for delivered in a creative manner, using many approaches such as role play, discussion and games in groupings of various sizes. These types of activities enable children to build confidence and resilience.</p>	<p>PSHE is a crucial part of Saint Augustine's effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their interactions within communities, from the classroom to the wider community of which they are a part.</p> <p>Our PSHE curriculum at Saint Augustine's supports the development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them.</p> <p>Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. It is intended that the impact of a consistent and well embedded whole-school approach to PSHE will positively impact wellbeing, safeguarding and SMSC (Spiritual, Moral, Social and Cultural development) outcomes. This will ensure that all children can develop the knowledge, skills and attributes they need to succeed at school and in the wider world.</p>