



St. Augustine's

Catholic Voluntary Academy

We grow and learn as a family in the footsteps of Jesus



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LET US PRAY

A CAFOD Prayer for Lent

Loving God,
Help us to work together
to share what we have so that
everyone has what they need.
Help us to build a better world
where each of us can become the
best person we can be.

Amen

A DECADE OF OUR POPE

Monday 13th March marked ten years since Cardinal Jorge Mario Bergoglio of Argentina, the son of Italian immigrants, stepped out on to the balcony of St Peter's Basilica to give his first speech as pope. Forsaking formality, he was dressed in simple white papal robes instead of the regal red ermine-trimmed cape usually worn by newly elected pontiffs. Cardinal Jorge chose the papal name Francis in honour of St Francis of Assisi, the Italian saint who renounced a life of luxury to help the poor. Speaking quietly, he thanked the euphoric crowd gathered in the square for the welcome while asking his audience to "pray for me". It has been widely acknowledged that Pope Francis is very different from his predecessors and his personality is very much 'what you see is what you get'. We continue to give thanks and pray for Pope Francis for all that he has done to challenge views on topics such as social inequality, the climate crisis and refugees, whilst focusing on the heart of the gospel; the mercy of God and his love and care towards the poor.

A MESSAGE FROM MRS COX

Dear Parents, Carers and Families,

Well, another week has flown by at our lovely school and we are now just two weeks away from our Easter holidays!

Wednesday was Young Carers Action Day; we have a high number of wonderful young carers at St. Augustine's at the moment. Miss Bush is heading up an amazing 'Helping Hands' group in school each week to support our young carer children. If anyone would like to attend, support or find out more about this group, please get in touch! The Carers Trust are asking MPs, organisations and individuals to pledge their support for young carers and young adult carers. To find out more and sign the pledge, please visit their website [here](#).

Art is a great way of expressing feelings, sharing experiences and feeling calm. There is an exhibition of young carer artwork in Lincoln Library this weekend, free and open to all. Click [here](#) for a video showing some of the artwork on show.

We have also been taking part in Sign Language Week and we were one of 1350 schools in the UK to join in with the UK's largest ever British Sign Language lesson! Miss Hawkins spent time with our KS2 children yesterday for a BSL lesson and spoke to them about the many facets of BSL - did you know that BSL is the fourth most commonly used language in the UK? Children were given fingerspelling sheets to practice at home! Fingerspelling is used to spell out names of people or places or when there isn't a sign or the sign is not known by the signer.

Wishing you all a happy, healthy weekend ahead.

Mrs Cox



SAINT PATRICK - FEAST DAY - FRIDAY 17TH MARCH



***"I am certain in my heart
that all that I am,
I have received from God"***

- St. Patrick

Saint Patrick was born in England, but when he was a teenager, he was captured by Irish pirates who took him to Ireland as a slave. After six years, Saint Patrick escaped and returned to England and his family.

When Saint Patrick became a priest, he travelled back to Ireland as a missionary so that he could teach the people about God. He used examples to explain the mysteries of the faith in simple ways. One day, Saint Patrick compared the Trinity to a shamrock. He said that the shamrock has three leaves, but it is only one plant. In the same way, God is three persons—Father, Son, and Holy Spirit—but one God.

God used Saint Patrick's kidnapping to convert the Irish people. In our lives, God uses the bad times to bring about a good we do not always see. We must be patient and trust Him.



Many congratulations to this week's Footsteps to Flourish award recipients for embodying our virtues in school so well this week:

Cedar Class - **Delilah** has been such a good friend to everybody this week and has shown great kindness towards others - well done, Delilah!

Sycamore Class - **Talitha** has worked so hard in her maths tuition group this week. Fabulous work, Talitha!

Acacia Class - **Jake** has been working so well with his learning partner and being cooperative. Well done, Jake!

Willow Class - **Conor** - for his excellent focus and hard work this week. Amazing work, Conor!

Juniper Class - **Brogan** - for his positive attitude in Maths. Well done, Brogan, great work!

Happy BIRTHDAY

Happy Birthday to Hazel in Sycamore class who will be 7 on the 20th of March, and to Nikki in Willow class who will be 10 on 21st March!

We all wish you both a wonderful time celebrating your special day!

AFTER SCHOOL CLUBS!



Do you have any spare time to help us with after school clubs?

Maybe you're a dance teacher, a chess whizz, a craft expert...if you have a specialist skill that you would be happy to teach our children after school once a week, then we would love to hear from you!

Please email office@st-augustine.lincs.sch.uk if you can spare some of your time to help!

GREEN TEAM



Please could all of our Green Team children bring wellies to school with them on Monday - thank you!

INSTAGRAM



We have a new Instagram account to highlight and promote our school! We want to keep in touch with our families and extend our reach amongst our local community and beautiful town of Stamford.

Please give us a follow!

[@staugustinesvastamford](https://www.instagram.com/staugustinesvastamford)

Y6 BRIARS TRIP

A reminder that our Y6 residential trip to The Briars is taking place from Monday 26th - Wednesday 28th June. The trip is a fantastic opportunity for the children to round up their primary school experience and create memories that they can enjoy for years to come. Please log in to ParentPay to see where you are with your instalment payments - we would like for all payments to be secured by 1st April to confirm numbers and bookings with The Briars. We will contact you soon to invite you to a presentation evening detailing the trip and what to expect.

ACACIA CLASS - COLLECTIVE WORSHIP

Acacia class have been learning about the importance of 'give and take', of 'giving and receiving'. Jesus gave everything for us - his very life - his body and blood. Our scripture focus was part of St Paul's first letter to the Corinthians which told us about Jesus' Last Supper and the actions that took place there. We receive the Eucharist during Mass as a memorial of Jesus sharing the bread and wine at the last supper. During transubstantiation, the bread becomes Jesus's body and the wine becomes his blood. Acacia class showcased their learning in many ways including readings, acting and singing. Well done Acacia!

- Miss Mentzel

ATTENDANCE

Our whole school attendance this week was 92.61%. Our attendance by class is as follows:

Cedar - 87%

Sycamore - 100.0%

Acacia - 92.39%

Willow - 92.45%

Juniper - 90.06%

76 of our pupils had 100% attendance this week.



BOOTS - NHS MINOR AILMENT SCHEME



If you don't pay for your prescriptions, you may be able to use the NHS Minor Ailment Scheme to get advice and, when appropriate, free treatment for certain common illnesses without seeing a GP.

If you want help dealing with a common illness such as a cold, cough or diarrhoea, you may be able to use the free NHS Minor Ailment Scheme at selected pharmacies, including some Boots pharmacies. Our pharmacist will be able to offer advice and may be able to offer you medicines for a minor illness without you having to book an appointment to see your GP. Schemes vary between locations, but the NHS Minor Ailment Scheme is for adults and children who:

- Are registered with a GP surgery which is taking part in the scheme
- Want treatment for a minor illness included in your local scheme

Medicines can be supplied free of charge to the customer if they are exempt from NHS prescription charges. Click [here](#) for more information.

The NHS Minor Ailment Scheme is available across Northern Ireland, Wales and Scotland but only in selected pharmacies across England. Ask your local Boots pharmacy whether they offer the scheme and they'll check if you're eligible to receive it.

SCHOOL PICK UP TIME

Please be advised that children should only be collected from the main reception area in an emergency or by prior arrangement, not for convenience as it poses a safety risk in our small car park, and also causes staffing difficulties.

Please collect your child from their classroom door at 3.15pm on the playground side of the door where your child's teacher can ensure that your child is sent out directly to you at this extremely busy time of day.



Thank you for your continued understanding and cooperation.

FOSA EVENT DATES

Our amazing FOSA team have started planning some amazing activities to support our school!

Thursday 30th March - Easter activities and an Easter egg for everyone to take home!

Friday 21st April 7pm - Family Quiz Night.

Thursday 18th May - School Disco.

Wednesday 24th May - Sports Day in the morning and St. Augustine's Day celebrations in the afternoon! In case of rain, these activities will take place on Thursday 25th May.

Saturday 1st July - St. Augustine's Summer Fayre.

DIARY DATES

Friday 17th March - EYFS and Y1/Y2 trip to Great Wood Farm.

Monday 20th March - Class photos with Tempest Photography.

Thursday 23rd March - re-scheduled Parents Evening.

Thursday 30th March - Non-uniform day with a £1 donation to FOSA, and Easter bonnet competition.

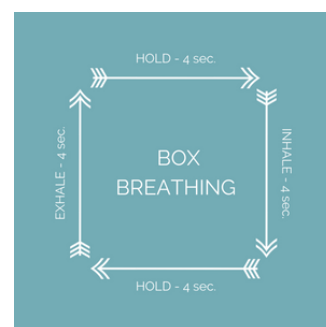
Friday 31st March - Last day of school before Easter Holiday.

Monday 17th April - School reopens.
St. Augustine's News | Issue 30 | 17.03.23

LUNCH MENU - WEEK COMMENCING MON 20TH FEB

	Monday 20th Mar	Tuesday 21st Mar	Wednesday 22nd Mar	Thursday 23rd Mar	Friday 24th Mar
Lunch Option 1	Macaroni Cheese	Taco Tuesday - Mega Mild Chili Mince, Tortilla, Rice & Sour Cream	Simpsons Puff Pastry Sausage Roll	Roast Turkey & Roast Potatoes	MSC Fishcake
Lunch Option 2	Cheese & Potato Gratin	Tomato Pasta Bake	Breaded Vegetable Fingers	Chicken & Rice Burrito	Ham, Cheese & Potato Pasty
Lunch Option 3	Spring Vegetable Stir Fry & Noodles	Taco Tuesday - Mega Mild Bean Chili, Rice & Sour Cream	Chickpea & Sweetcorn Fritter	Creamy Tomato Pasta & Garlic Bread	Quorn Balls in Tomato Sauce
1, 2 & 3 served with	Rainbow Salad Platter	Mixed Vegetables	Mashed Potatoes & Baked Beans	Mixed Vegetables	Oven Chips, Peas, Sweetcorn & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Sunshine Lemon Cookie	Apple & Peach Crumble & Custard	Pancake with Syrup & Banana	Chocolate Jaffa Sponge Cake	Ginger Cake & Custard
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

MINDFULNESS



Box Breathing is a spiritual tool that can calm the fight or flight response, aid emotional regulation, and centre us in the present moment.

EYFS/YEAR1/3 TRIP TO GREAT WOOD FARM

Our EYFS and Year 1/2 classes went on a very special school trip today to see some lambs at Great Wood Farm! They were all very excited as they headed off on the coach! Be sure to log in to Seesaw for more photos!



BIKEABILITY



Congratulations to our children from Year 5 and Year 6 who completed their Bikeability training this week! Stay safe on your travels with your amazing new skills!



E-SAFETY NEWS FROM ALAN MACKENZIE

Digital Wellbeing

Digital wellbeing relates to the use of technology (including games and apps) which can impact an individual's life, both positively and negatively. This can be a difficult area to target because everyone's experiences are different, but it can be useful to discuss with students aspects that can support digital wellbeing (e.g. positive influences) and what can affect digital wellbeing (e.g. exposure to abuse).

South West Grid for Learning have a really good article, as well as signposting to useful resources including wellbeing tools on apps (such as TikTok, Instagram and YouTube). There is also a Digital Resilience Toolkit from Headstart Kernow towards the bottom right of the article.

You can view the SWGL article [HERE](#) and we have attached a 'Digital Wellbeing at School' poster with the newsletter for you.