

IDEALS CHOOLMEALS. CO. UK

# WELCOME TO OUR TERM ONE MENU!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here <a href="idealschoolmeals.co.uk/allergen-advice">idealschoolmeals.co.uk/allergen-advice</a>

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.





We're fortunate to have worked with two main, local suppliers from the outset.



The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.



More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

# UPCOMING THEME DAYS

TUES 6TH SEPT

Kicking things off with a perfectly fitting theme for the first week of school, our Dr Seuss themed menu, for National Read a Book Day.

In the words of the author himself 'The more you read, the more things you know. The more that you learn, the more places you'll goʻ.

What's your favourite Dr Seuss quote?

### Autumn

FRI SEPT

THUR

6TH

Pumpkins, warm sweaters, fluffy scarves, hearty dinners....these are all the things we have to look forward to.

Traditional Autumnal dishes on the menu today.

### School Meal Extravaganza!

Today is school meal census day. Joining us for lunch today not only provides opportunity to enjoy some of our favourite meal options, it also boosts funding for your child's school. Schools receive a whopping £430 for each infant that orders a school lunch today.

### ROALD DAHL

TUES 13TH SEPT

While there is always reason to celebrate the wonderful stories and characters from the worlds no.1 storyteller, today is the perfect opportunity to organise phizzwhizzingly brilliant activities and scrummdiddlyumptious treats.

#### Lincolnshire Day

Lincolnshire Day falls on 1st October every year. A day where we celebrate everything great about Lincolnshire, history, heritage, farming, and food.

The Lincolnshire sausage is one our county's most famous culinary traditions. Plump, juicy and bursting with flavour.



#### WORLD FOOD DAY

Mon

World Food Day is observed around the world on 16th October each year; the date that the Food and Agriculture Organisation of the United Nations was founded in 1945.

World Food Day aims to promote healthy diets and eradicate hunger issues by 2030.

A range of delicious, British dishes feature on today's menu, all lovingly made with lots of local produce.



# Dr.Seuss Read a Book Day



|                         | Monday<br>5th Sept                               | Tuesday<br>6th Sept   | Wednesday<br>7th Sept                            | Thursday<br>8th Sept                                | Friday<br>9th Sept   |
|-------------------------|--|---|--|---|--|
| Lunch<br>Option 1       | Macaroni<br>Cheese                               | One Fish, Two Fish,<br>Red Fish, Blue<br>FishFingers &<br>Potato Wedges | Roast Chicken                                    | Beef Lasagne  | Simpsons Puff<br>Pastry Sausage<br>Roll                    |
| Lunch<br>Option 2       | Stuffed Pepper                                   | Cat in the Hat<br>Cheese & Tomato<br>Pizza & Potato<br>Wedges           | Cheese Puff<br>Pastry Whirl                      | Mild & Creamy<br>Coconut Chicken<br>Curry with Rice | Sliced Ham<br>(served chilled)                             |
| Lunch<br>Option 3       | Mega Mild<br>Mixed Bean<br>Chilli & Rice         | Noodles for<br>Poodles - (Creamy<br>Tomato Spaghetti<br>Pasta)          | Spinach, Tomato<br>& Egg Muffins                 | Cheese Filled<br>Potato Shells                      | Quorn Sausage  |
| 1, 2 & 3<br>served with | Mixed<br>Vegetables                              | Grinch Mixed<br>Veggies   | Roast Potatoes &<br>Mixed<br>Vegetables          | Mixed<br>Vegetables                                 | Mashed Potato &<br>Baked Beans                             |
| Lunch<br>Option 4       | Jacket Potato<br>with a selection<br>of fillings | Jacket Potato<br>with a selection of<br>fillings                        | Jacket Potato<br>with a selection of<br>fillings | Jacket Potato<br>with a selection of<br>fillings    | Jacket Potato<br>with a selection of<br>fillings           |
| Lunch<br>Option 5       | Tuna Mayo<br>Baguette                            | Cheese Baguette   | Sliced Ham<br>Baguette                           | Diced Chicken<br>Mayo Baguette                      | Sliced Ham<br>Baguette                                     |
| 4 & 5<br>served with    | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad  | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad                          | Served with<br>Mixed Salad                                 |
| Dessert<br>Option D     | Peaches & Ice<br>Cream                           | Lorax Mango &<br>Orange Sponge  | Oat Cookie                                       | Chocolate Crispie<br>Slice                          | Fruity Friday -<br>Fruit Platter & Tutti<br>Frutti Biscuit |
| Dessert<br>Option Y     | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt   | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt                       | Yeo Valley<br>Organic Yoghurt                              |
| Dessert<br>Option F     | Fresh Fruit                                      | Fresh Fruit   | Fresh Fruit                                      | Fresh Fruit   | Fresh Fruit  |



## ROALD DAH DAY

|                         | Monday<br>12th Sept                              | Tuesday<br>13th Sept   | Wednesday<br>14th Sept                           | Thursday<br>15th Sept                            | Friday<br>16th Sept  |
|-------------------------|--|--|--|--|--|
| Lunch<br>Option 1       | Cheese &<br>Tomato Pizza                         | The Twits Wormy<br>Spaghetti<br>Bolognese  | Roast Turkey &<br>Mashed Potato                  | Garlic & Herb<br>Marinated<br>Chicken & Rice     | Simpsons Beef<br>Burger & Fresh<br>Bloomsbury Roll               |
| Lunch<br>Option 2       | Breaded<br>Vegetable Fingers                     | Fantastic Mr Fox's<br>BBQ Chicken<br>Breast served with<br>a Roll & Tomato<br>Macaroni | Cheese & Ham<br>Filled Potato<br>Shells          | Sweet Potato<br>Bhaji's with Korma<br>Dip & Rice | Ham & Egg<br>Muffins   |
| Lunch<br>Option 3       | Chickpea &<br>Sweetcorn Fritter                  | The BFG's Human<br>Bean Burrito  | Quorn Sausage<br>& Bean Hot Pot                  | Creamy Tomato<br>Pasta                           | Cheese & Broccoli<br>Fritter                                     |
| 1, 2 & 3<br>served with | Herby Baby<br>Potatoes &<br>Baked Beans          | Snozzcumber &<br>Carrot Sticks   | Mixed<br>Vegetables                              | Mixed<br>Vegetables                              | Potato Wedges,<br>Mixed Vegetables<br>& Ketchup                  |
| Lunch<br>Option 4       | Jacket Potato<br>with a selection<br>of fillings | Jacket Potato<br>with a selection of<br>fillings                                       | Jacket Potato<br>with a selection of<br>fillings | Jacket Potato<br>with a selection of<br>fillings | Jacket Potato<br>with a selection of<br>fillings                 |
| Lunch<br>Option 5       | Tuna Mayo<br>Baguette                            | Cheese Baguette  | Sliced Ham<br>Baguette                           | Diced Chicken<br>Mayo Baguette                   | Sliced Ham<br>Baguette   |
| 4 & 5<br>served with    | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad   | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad                                       |
| Dessert<br>Option D     | Fruit Jelly                                      | Willy Wonka's<br>Scrumdiddlyumptious<br>Chocolate Cake                                 | Butterscotch<br>Cookie                           | Vanilla<br>Buttercream<br>Sponge Cake            | Fruit Friday -<br>Fresh Fruit Platter<br>& Shortbread<br>Biscuit |
| Dessert<br>Option Y     | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt  | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt                                    |
| Dessert<br>Option F     | Fresh Fruit                                      | Fresh Fruit  | Fresh Fruit                                      | Fresh Fruit                                      | Fresh Fruit  |



|                         | 19th Sept  | 20th Sept  | 21 st Sept   | 22nd Sept  | 23rd Sept  |
|-------------------------|--|--|--|--|--|
| Lunch<br>Option 1       | Mozzarella &<br>Tomato Pasta<br>Bake & Garlic<br>Bread | Simpsons<br>Lincolnshire<br>Sausage & Mash       | MSC Fish Fingers   | Minced Beef &<br>Pork Ragu with<br>Rice          | Roast Chicken &<br>Roast Potatoes                                  |
| Lunch<br>Option 2       | Cauliflower &<br>Cheese Potato<br>Bake                 | Fabulous Fish Pie<br>with Cheese<br>Potato Top   | BBQ Pulled Pork  | Creamy Ham<br>Pasta                              | Beef & Potato Pie  |
| Lunch<br>Option 3       | Quorn<br>Bolognese with<br>Rice                        | Quorn Sausage<br>& Mash                          | Spinach, Tomato<br>& Egg Muffins                         | Cheese Filled<br>Potato Shells                   | Butternut Squash,<br>Spinach & Cheese<br>Whirl & Roast<br>Potatoes |
| 1, 2 & 3<br>served with | Mixed<br>Vegetables                                    | Baked Beans                                      | Herby Baby<br>Potatoes, Mixed<br>Vegetables &<br>Ketchup | Mixed<br>Vegetables                              | Mixed Vegetables   |
| Lunch<br>Option 4       | Jacket Potato<br>with a selection<br>of fillings       | Jacket Potato<br>with a selection of<br>fillings | Jacket Potato<br>with a selection of<br>fillings         | Jacket Potato<br>with a selection of<br>fillings | Jacket Potato<br>with a selection of<br>fillings                   |
| Lunch<br>Option 5       | Tuna Mayo<br>Baguette                                  | Cheese Baguette                                  | Sliced Ham<br>Baguette                                   | Diced Chicken<br>Mayo Baguette                   | Sliced Ham<br>Baguette   |
| 4 & 5<br>served with    |  | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad                               | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad   |
| Dessert<br>Option D     | Strawberry<br>Mousse & Melon<br>Wedge                  | Tutti Frutti Sponge<br>& Custard                 | Iced Carrot Cake   | Cocoa Oat<br>Cookie                              | Fruity Friday -<br>Fresh Fruit Platter<br>& Autumn Apple<br>Cake   |
| Dessert<br>Option Y     | Yeo Valley<br>Organic Yoghurt                          | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt                            | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt                                      |
| Dessert<br>Option F     | Fresh Fruit  | Fresh Fruit                                      | Fresh Fruit  | Fresh Fruit                                      | Fresh Fruit  |
|                         |  |  |  |  |  |



# LINCOLNSHIRE



| Lunch |   |
|-------|---|
|       | H |

Beef Lasagne

Creamy Tuna & Lunch Option 2 Bake

Lunch Option 3

1, 2 & 3

served with

Monday

26th Sept

Sweetcorn Pasta

Roasted Vegetable & Chickpea Curry & Rice

Tuesday 27th Sept

Cheese Puff **Pastry Whirl** 

MSC Fishcake

**Breaded** Vegetables **Fingers** 

Wednesday 28th Sept

Roast Pork, Stuffing & Roast Potatoes

Bolognese Pasta Bake

Quorn Sausage & Bean Hot Pot

**Thursday** 29th Sept

Mild & Creamy Coconut Chicken Curry & Rice

Chicken & Rice Burrito

**Creamy Tomato** Pasta

Friday

30th Sept

Simpsons Lincolnshire Sausage

Sliced Lincolnshire Ham (served chilled)

> Lincolnshire Potato, Leek & **Cheese Pie**

Mashed Potato & Mixed Vegetables

Lunch **Option 4** 

Lunch Option 5

4 & 5

served with

Dessert **Option D** 

Dessert Option Y

**Dessert Option F** 

Mixed **Vegetables** 

**Jacket Potato** 

with a selection

of fillings

Tuna Mayo

**Baguette** 

Served with

Mixed Salad

Peaches &

Custard

Yeo Valley

Organic Yoghurt

Fresh Fruit

Mashed Potato & **Baked Beans** 

Jacket Potato with a selection of fillings

Cheese Baguette

Served with Mixed Salad

Chocolate Sponge & **Chocolate Sauce** 

Yeo Valley Organic Yoghurt

Fresh Fruit

Mixed **Vegetables** 

Jacket Potato with a selection of fillings

> Sliced Ham **Baguette**

Served with Mixed Salad

Mango & Vanilla Sponge Cake

Yeo Valley Organic Yoghurt

Fresh Fruit

Jacket Potato with a selection of

Mixed

**Vegetables** 

Diced Chicken Mayo Baguette

fillings

Served with Mixed Salad

**World Heart Day** Cookie

Yeo Valley Organic Yoghurt

Fresh Fruit

**Jacket Potato** with a selection of fillings

> Sliced Ham Baguette

Served with Mixed Salad

Fruity Friday -Fresh Fruit Platter & Grantham Gingerbread

Yeo Valley **Organic Yoghurt** 

Fresh Fruit



#### School Meal Extravaganza!

|                         | Monday<br>3rd Oct                                | Tuesday<br>4th Oct  | Wednesday<br>5th Oct                             | Thursday<br>6th Oct  | Friday<br>7th Oct  |
|-------------------------|--|---|--|--|--|
| Lunch<br>Option 1       | Macaroni<br>Cheese                               | Taco Tuesday -<br>Mega Mild Chilli<br>Mince, Tortilla &<br>Rice         | Roast Turkey &<br>Mashed Potato                  | The Ideal Brunch -<br>Simpsons<br>Lincolnshire<br>Sausage, Hash<br>Brown & Fresh Roll      | MSC Breaded Fish   |
| Lunch<br>Option 2       | Stuffed Pepper                                   | Cheese & Ham<br>Potato Shells   | Sweet & Sour<br>Chicken with Rice                | Picnic Box - Ham<br>Sandwich, Cheese<br>Cubes, Pizza Whirl<br>& Crudites (no side<br>dish) | Cauliflower &<br>Broccoli Cheese<br>Bake                         |
| Lunch<br>Option 3       | Chunky Balti Veg<br>Pie                          | Taco Tuesday -<br>Mega Mild Mexican<br>Cheesy Beans,<br>Tortilla & Rice | Vegetable<br>Lasagne                             | Veggie Brunch<br>with Quorn<br>Sausage   | Cheese & Broccoli<br>Fritter                                     |
| 1, 2 & 3<br>served with | Mixed<br>Vegetables                              | Mixed Salad   | Mixed<br>Vegetables                              | Baked Beans  | Oven Chips &<br>Minty Peas                                       |
| Lunch<br>Option 4       | Jacket Potato<br>with a selection<br>of fillings | Jacket Potato<br>with a selection of<br>fillings                        | Jacket Potato<br>with a selection of<br>fillings | Jacket Potato<br>with a selection of<br>fillings   | Jacket Potato<br>with a selection of<br>fillings                 |
| Lunch<br>Option 5       | Tuna Mayo<br>Baguette                            | Cheese Baguette   | Sliced Ham<br>Baguette                           | Diced Chicken<br>Mayo Baguette   | Sliced Ham<br>Baguette   |
| 4 & 5<br>served with    | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad  | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad   | Served with<br>Mixed Salad                                       |
| Dessert<br>Option D     | Fruit Jelly                                      | Marble Sponge<br>& Custard  | Butterscotch<br>Cookie                           | Chocolate Crispie<br>Slice   | Fruity Friday -<br>Fresh Fruit Platter<br>& Tutti Frutti Biscuit |
| Dessert<br>Option Y     | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt   | Yeo Valley<br>Organic Yoghurt                    | Yeo Valley<br>Organic Yoghurt  | Yeo Valley<br>Organic Yoghurt                                    |
| Dessert<br>Option F     | Fresh Fruit                                      | Fresh Fruit   | Fresh Fruit                                      | Fresh Fruit  | Fresh Fruit  |
|                         |  |   |  |  |  |



National Baking Week starts on Friday 14th October - stay tuned for our recipes to try at home

|                         | Monday<br>10th Oct                               | Tuesday<br>11 th Oct                             | Wednesday<br>12th Oct                            | Thursday<br>13th Oct                             | Friday<br>14th Oct  |
|-------------------------|--|--|--|--|---|
| Lunch<br>Option 1       | Cheese &<br>Tomato Pizza                         | Minced Beef &<br>Pork Ragu with<br>Rice          | Creamy Bacon &<br>Tomato Pasta                   | Roast Chicken &<br>Roast Potatoes                | Simpsons Puff<br>Pastry Sausage<br>Roll                           |
| Lunch<br>Option 2       | Chickpea &<br>Sweetcorn Fritter                  | Sweet Potato<br>Bhaji's, Korma Dip<br>& Rice     | Fabulous Fish Pie<br>with Cheese &<br>Potato Top | Creamy Ham<br>Pasta                              | Sliced Ham<br>(served chilled)                                    |
| Lunch<br>Option 3       | Spinach, Tomato<br>& Egg Muffins                 | Tomato Macaroni<br>Bake                          | Mega Mild<br>Mexican Bean<br>Chilli & Rice       | Cheese Filled<br>Potato Shells                   | Quorn Sausage   |
| 1, 2 & 3<br>served with | Potato Wedges<br>& Mixed<br>Vegetables           | Mixed<br>Vegetables                              | Mixed Salad                                      | Mixed<br>Vegetables                              | Mashed Potato &<br>Baked Beans                                    |
| Lunch<br>Option 4       | Jacket Potato<br>with a selection<br>of fillings | Jacket Potato<br>with a selection of<br>fillings                  |
| Lunch<br>Option 5       | Tuna Mayo<br>Baguette                            | Cheese Baguette                                  | Sliced Ham<br>Baguette                           | Diced Chicken<br>Mayo Baguette                   | Sliced Ham<br>Baguette  |
| 4 & 5<br>served with    | Served with<br>Mixed Salad                       | Se <mark>rved wi</mark> th<br>Mixed Salad        | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad                       | Served with<br>Mixed Salad  |
| Dessert<br>Option D     | Strawberry<br>Mousse & Melon<br>Wedge            | Jaffa Sponge<br>Cake                             | Cocoa Oat<br>Cookie                              | Vanilla<br>Buttercream<br>Sponge Cake            | Fruity Friday -<br>Fresh Fruit Platter<br>& Shortbread<br>Biscuit |
| Dessert<br>Option Y     | Yeo Valley<br>Organic Yoghurt                                     |
| Dessert<br>Option F     | Fresh Fruit   |



# WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR CHILDREN

We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

TELEPHONE **01522 246424** 

#### EMAIL ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media. It's a great way to see some of the meal options on offer.





