



St Augustine's Catholic Voluntary Academy

Kesteven Road, Stamford, Lincolnshire PE9 1SR Tel: 01780 762094 Headteacher: Mrs R de Wet
Email: enquiries@st-augustine.lincs.sch.uk www.st-augustine.lincs.sch.uk

Dear Parents,
22nd February 2021

Relationships Education Policy Parent Consultation

We are delighted to announce that our school is participating in a brand new Relationship Education programme for Catholic primary schools, titled **Life to the Full**. We want to give you a brief overview of this new and ambitious programme and gather your views on it.

As you may be aware, Relationship Education became statutory for all primary schools from September 2020. The **Life to the Full** programme is based on 'A Model Catholic RSE Curriculum' by the Catholic Education Service which was highlighted as a work of good practice by the Department of Education. Therefore, we have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

We are undertaking a formal consultation with parents and carers between Monday 22nd February and Monday 15th March 2021 (21 day consultation) in regard to the implementation of the schools Relationships and Sex Education (RSE) Policy. Parents are asked to read the school policy and comment if they wish by sending their comment/s by email to office@st-augustines.lincs.sch.uk

All comments and viewpoints will be considered by the governing body as part of the final ratification of the policy on the 16th March 2021

The Curriculum

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, employing a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers

In addition there will be an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform please visit: www.tentenresources.co.uk/parent-consultation-tool-primary

School Username: st-augustines-pe9

Password: hippo-grey

The programme adopts a spiral curriculum approach so that as your child goes through the programme year-after-year, the learning will develop and grow, with each stage building on the last.

Module One: Created and Loved by God

Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

In these sessions, we explore:

Key Stage One – that we are uniquely made by a loving God, that we have differences and similarities (including physical differences between boys and girls), key information about staying physically healthy, understanding feelings and emotions, including strong feelings such as anger, and the cycle of life from birth to old age.

Lower Key Stage Two – understanding differences, respecting our bodies, strategies to support emotional wellbeing including practicing thankfulness, and the development of pupils understanding of life before birth.

Upper Key Stage Two – appreciation of physical and emotional differences, a more complex understanding of physical changes in girl and boys bodies, body image, strong emotional feelings, the impact of the internet and social media on emotional well-being, a more nuanced and scientific understanding of life in the womb and how babies are made, and menstruation.

Module Two: Created to Love Others

Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

This religious understanding is then applied to real-world situations relevant to the age and stage of the children:

Key Stage One – In the Unit 'Personal Relationships', children are taught to identify the Special People in their lives who they love and can trust, how to cope with various social situations and dilemmas, and the importance of saying sorry and forgiveness within relationships. In the Unit 'Keeping Safe', we explore the risks of being online by incorporating the 'Smartie the Penguin' resources from Childnet, the difference between good and bad

secrets, and teaching on physical boundaries (incorporating the PANTS resource the NSPCC).

Lower Key Stage Two – The sessions here help children to develop a more complex appreciation of different family structures and there are activities and strategies to help them develop healthy relationships with family and friends; here, they are also taught simplified Cognitive Behavioral Therapy (CBT) techniques for managing thoughts, feelings and actions.

Once again, for the ‘Keeping Safe’ unit, there are some excellent NSPCC resources, as well as teaching on bullying and abuse through a series of animated stories.

Upper Key Stage Two – The sessions for UKS2 in the ‘Personal Relationships’ module aim to equip children with strategies for more complex experiences of relationships and conflict; this includes sessions that help children to identify and understand how to respond to spoken and unspoken pressure, the concept of consent and some practical demonstrations of this, and further teaching on how our thoughts and feelings have an impact on how we act.

Module Three: Created to Live in Community

Finally, Module Three: Created to Live in Community explores the individual’s relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

In the first Unit, Religious Understanding, the story sessions help children to develop a concept of the Trinity.

In subsequent sessions, we apply this religious understanding to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

A workshop for Year 6 parents will be held at the beginning of the Pentecost term to support parents in the understanding of curriculum requirements and coverage.

Finally, once you have fully considered and have read the policy, supporting documentation and have perused the TenTen website, and you decide that you wish to withdraw your child from aspects of the Relationship Education Programme, please write a formal letter to the Headteacher giving your reasons for doing so. Also, please provide an alternative curriculum coverage which will be provided for at home in replacement of the RSE programme being taught in school.

We very much value and respect the viewpoints of all our parents and carers and hope that you will engage in this consultation.

'Life to the Full' is intended to be partnership between home, school and church. We know that you already do a fantastic job and we see our new programme, Life to the Full, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported.

We thank you for taking the time to take part in this consultation and hope that you will find the contents useful going forward in support of your child/ren. Information is also available on the school website in the 'Catholic Life' tab.

With very kindest regards to you and your family as always.

Mrs Rachel de Wet
Headteacher

"A Communion of high achieving Catholic schools where every person meets Jesus and grows uniquely in God's love."



**St Thérèse
of Lisieux**

Catholic Multi Academy Trust

St Thérèse of Lisieux Catholic Multi Academy Trust. Registered address: Suite 4, The Lawn, Union Road, Lincoln, LN1 3BU. A company limited by guarantee registered in England and Wales (company number: 07973953). Telephone: 01522 849620